

# FEBRUARY 2019

FEBRUARY 1ST AT 8:00PM-10:00PM: FRONTIER FOLK NEBRASKA  
FEBRUARY 7TH AND 21ST AT 5:30PM-6:30PM: JEWELRY MAKING  
FEBRUARY 7TH AT 7:00PM-8:30PM: SOULFUL BREATHWORK SESSION  
FEBRUARY 13TH AND 27TH AT 5:30PM-6:30PM: QUILTING 101  
FEBRUARY 16TH AT 12:00PM-1:00PM: DOTERRA: ESSENTIAL OILS WORKSHOP  
FEBRUARY 23RD AT 1:00PM-3:00PM: ANYONE CAN PAINT

## MONDAY

Shine Yoga  
10:00AM-11:00AM  
Open Studio  
10:00AM-3:00PM

## WEDNESDAYS

### *Movement Studio*

Shine Yoga  
10:00AM-11:00AM  
Open Studio  
2:00PM-5:15PM

### *Art House*

Open Studio  
10:00AM-6:00PM

## TUESDAYS

### *Movement Studio*

Core & Toning  
9:00AM-9:45AM  
Shine Yoga  
10:00AM-11:00AM  
Open Studio  
1:30PM-5:15PM

### *Art House*

Open Studio  
10:00AM-6:00PM  
Belly Dancing  
5:30PM-6:30PM  
(Last Class 2/12)  
Kick Boxing  
5:30PM-6:30PM  
(Starting 2/19)

## THURSDAYS

### *Movement Studio*

Shine Yoga  
10:00AM-11:00AM  
Candlelight Yoga  
5:30PM-6:30PM  
Open Studio  
1:00PM-5:15PM

### *Art House*

Open Studio  
10:00AM-6:00PM

## FRIDAYS

### *Movement Studio*

Shine Yoga  
10:00AM-11:00AM  
Open Studio  
1:00PM-6:30PM

### *Art House*

Open Studio  
10:00AM-6:00PM

## SATURDAYS

### *Movement Studio*

Shine Yoga w/ Jenny Williams  
10:00AM-11:00AM