

JANUARY 2019

JANUARY 10TH AT 7:30PM-8:30PM: SOULFUL BREATHWORK SESSION
JANUARY 19TH AT 12:00PM-1:00PM: DOTERRA: ESSENTIAL OILS WORKSHOP
JANUARY 20TH AT 5:30PM-7:00PM: SOULFUL BREATHWORK SESSION
JANUARY 26TH AT 1:00PM-3:00PM: ANYONE CAN PAINT
ART HOUSE REOPENS JANUARY 7TH, 2019

MONDAY

Shine Yoga
10:00AM-11:00AM
Open Studio
10:00AM-3:00PM

TUESDAYS

Movement Studio

Core & Toning
9:00AM-9:45AM
Shine Yoga
10:00AM-11:00AM

Art House

Open Studio
10:00AM-6:00PM
Belly Dancing
5:30PM-6:30PM

WEDNESDAYS

Movement Studio

Shine Yoga
10:00AM-11:00AM

Art House

Open Studio
10:00AM-6:00PM
Quilting 101
5:30PM-6:30PM

THURSDAYS

Movement Studio

Shine Yoga
10:00AM-11:00AM
Candlelight Yoga
5:30PM-6:30PM

Art House

Open Studio
10:00AM-6:00PM
Jewelry Making
5:30PM-6:30PM

FRIDAYS

Movement Studio

Shine Yoga
10:00AM-11:00AM

Art House

Open Studio
10:00AM-6:00PM

SATURDAYS

Movement Studio

Shine Yoga w/ Jenny Williams
10:00AM-11:00AM