



OCTOBER 2018

MONTHLY EVENTS & WORKSHOPS

- October 2nd at 5:30PM-6:30PM: Sugar Skull Glazing Workshop
October 12th at 10:00AM-2:00PM & 5:00PM-7:00PM: Art Reception
October 12th at 8:00PM-10:00PM: Scary Stories & Other Tales
October 13th at 10:00AM-11:00AM: Tots Tall Tales w/ Stefania
October 13th at 1:00PM-3:00PM: Jewelry Making Workshop
October 13th at 7:00PM-9:00PM: Eric Bolander
October 13th at 9:00PM-11:00PM: Ghost Hunt
October 16th at 5:30PM-6:30PM: Personalize a Coffee Mug!
October 27th at 11:00AM-1:00PM: Ceramics Workshop
October 27th at 1:00PM-2:00PM: Doterra 101 Essential Oil Workshop

MONDAY

Shine Yoga
10:00AM-11:00AM
Open Studio
10:00AM-3:00PM

WEDNESDAYS

Movement Studio

Shine Yoga
10:00AM-11:00AM
Shine Yoga
5:30PM-6:30PM

Art House

Open Studio
10:00AM-6:00PM

TUESDAYS

Movement Studio

Core & Toning
9:00AM-10:00AM
Flexible Yoga
10:00AM-11:00AM
Cardio-Kickboxing
5:30PM-6:30PM

Art House

Open Studio
10:00AM-6:00PM
Health Matters Class
1:00PM-3:00PM
(Starts Oct. 9)

THURSDAYS

Movement Studio

Shine Yoga
10:00AM-11:00AM

Art House

Open Studio
10:00AM-6:00PM
Health Matters Class
1:00PM-3:00PM
(Starts Oct. 11)

FRIDAYS

Movement Studio

Shine Yoga
10:00AM-11:00AM

Art House

Open Studio
10:00AM-6:00PM

SATURDAYS

Movement Studio

Shine Yoga w/ Jenny Williams
10:00AM-11:00AM

SUNDAYS

Movement Studio

Level 7 Meditation
8:30AM-9:30AM