

## JUNE 2018

### MONTHLY EVENTS & WORKSHOPS:

June 7th at 3:00PM-5:00PM: Watercolor Workshop  
 June 8th at 7:00PM-9:00PM: Whistle and Fish House Show  
 June 9th at 11:00AM-1:00PM: Worm Tower Composting Workshop  
 June 12th at 1:00PM-3:00PM: How to Make a Planter Pot Workshop  
 June 15th at 5:00PM-7:00PM: How to Make a Planter Pot Workshop  
 June 16th at 12:00PM-1:30PM: Vegan Cooking Workshop  
 June 18th at 11:00AM-1:00PM: Bullet Journal/Planner Workshop  
 June 23rd at 11:00AM-12:00PM: Hula Hooping Workshop (For Adults & Kids)  
 June 30th at 1:00PM-2:00PM: Cactus and Succulent Propagation Workshop

### MONDAYS

Shine Yoga  
10:00AM-11:00AM

### TUESDAYS

#### *Movement Studio*

Core & Toning  
8:00AM-9:00AM  
Flexible Yoga  
10:00AM-11:00AM  
Cardio-Kickboxing  
5:30PM-6:30PM

#### *Art House*

Open Studio  
10:00AM-6:00PM  
Art by Brian Covert  
4:00PM

### WEDNESDAYS

#### *Movement Studio*

Shine Yoga  
10:00AM-11:00AM  
Shine Yoga  
5:30PM-6:30PM

#### *Art House*

Open Studio  
10:00AM-6:00PM

### THURSDAYS

#### *Movement Studio*

Shine Yoga  
10:00AM-11:00AM  
Gentle Yoga  
5:30PM-6:30PM

#### *Art House*

Open Studio  
10:00AM-6:00PM

#### *Movement Studio*

Intermediate Yoga  
10:00AM-11:00AM

#### *Art House*

Open Studio  
10:00AM-6:00PM

### FRIDAYS

### SATURDAYS

#### *Movement Studio*

Shine Yoga w/ Jenny Williams  
10:00AM-11:00AM

### SUNDAYS

#### *Movement Studio*

Shine Yoga  
1/200; M-F :00; M